

## Eating Disorder Treatment

List compiled by Deschutes County Health Services staff. Availability and contact information may have changed. DCHS does not endorse any particular provider.

Updated 6/4/20

Clinician	Name of Clinic	Location	Population	Address	Email/Website	Phone	Notes
Molly Carroll, MA, LPC		Bend	Adults anorexia, bulimia, and facilitates weekly eating disorders group (client makes 12 week commitment)	15 SW Colorado Ave. Suite 350, Bend, OR 97702	<a href="http://www.molly-carroll.com">www.molly-carroll.com</a>	541-390-7941	Private Pay
Nancy Curfman, LCSW		Bend	Binge Eating Disorder (BED), Health At Every Size (HAES), adult, family and child therapy	548 SW 13th St, #102, Bend, OR 97702		541-385-7408	Accepts most major health insurance
Laurie Hunter, MA, LPC		Bend		365 NE Quimby Ave #1, Bend, OR 97701		541-639-9917	Private pay, Sliding Scale; yes Hourly Rate - \$125-180, Sliding scale limited and negotiable, Most insurance billed
Darcy Gilbert, MA, LPC	Darcy Gilbert Counseling	Bend	All eating disorders Eating disorders, trauma, anxiety, couples and families	390 SW Columbia St, Bend, OR 97702	<a href="http://www.darcylbert.com/">http://www.darcylbert.com/</a> <a href="mailto:darcylbert67@gmail.com">darcylbert67@gmail.com</a>	541-771-8515	Accepts most major health insurance. OHP Panel Provider
Kristin James, LMFT	Bend Family Therapy	Bend	eating disorders and addiction	1011 SW Emkay Dr #104, Bend, OR 97702	<a href="http://bendfamilytherapy.com/">http://bendfamilytherapy.com/</a>	541-323-3477	Private pay, Sliding Scale: yes
Lori Koski, LCSW		Bend		336 NE Norton Ave #5, Bend, OR 97701		541-647-7626	
Linda Krug Porzelius, Ph.D.		Bend	Non-Traditional Binge Eating Disorder (BED), bulimia, Eating Disorder Not Otherwise Specified (EDNOS)			541-362-1994	New appointments about 3 weeks out, Accepts most major health insurance
Kate Coppedge, PMHNP	Peace Of Mind Functional Med	Bend	Medication Management, Eating Disorders, OCD, other mental health, Holistic Approach	151 Shevlin Hixon Drive, Ste 201, Bend OR, 97702	<a href="mailto:kcoppedge@peaceofmindfm.com">kcoppedge@peaceofmindfm.com</a>	458-202-9132	First Choice, PS, MODA, and BCBS
Kristen Ales, MA, LPC	Ruby Health and wellness	Bend	Body Image, eating disorders, Mental health and nutrition	339 SW Century Dr #201, Bend, OR 97702	<a href="https://rubyhealthandwellness.com/">https://rubyhealthandwellness.com/</a>	541-497-3885	Self-pay, Sliding Scale
Jason Richards, PsyD	Bend Anxiety Clinic	Bend	Adult/Adolescent, Body Dysmorphic Disorder, Eating Disorders, OCD	777 NW Wall St, Bend, OR 97701	<a href="http://www.bendanxietyclinic.com/">http://www.bendanxietyclinic.com/</a>	541-688-6015	
Deborah P. Coehlo, PhD, CPNP, CPMHS, CFLE		Bend	0-25, Developmental, Behavioral, and Mental Health, medication management, and individual and family counseling, collaborate with fellow nutritionists, physicians, and other counselors.	908 NE 4th St, #201, Bend OR 97701		541-323-5515	Accepts most insurance

## Dietician and Medical Services

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RanDee Anshutz, RDN, LD, LMT	Synergy Health	Bend	Dietician, All Ages, Eating disorders, disordered eating, diabetes, general nutrition	361 NE Franklin Ave building c, Bend, OR 97701	<a href="https://www.synergyhealthbend.com/">https://www.synergyhealthbend.com/</a>	541-323-3488	Massage, nutrition, Body Trust Certified
Natalie Murphy, RDN, LD	Ruby Health and wellness	Bend	Body Image, eating disorders, Mental health and nutrition	339 SW Century Dr #201, Bend, OR 97702	<a href="https://rubyhealthandwellness.com/">https://rubyhealthandwellness.com/</a>	541-497-3885	Accepts most major health insurance
Carrie Day MD	High lakes Health Care	Bend	Primary Care - experience in Eating Disorders	2175 NW Shevlin Park Road, Bend OR 97701	<a href="https://highlakeshealthcare.com">https://highlakeshealthcare.com</a>	541-389-7741	Most Insurance Accepted
Makena Whitaker, MS RDN LD	Ruby Health and wellness	Bend	Body Image, eating disorders, Mental health and nutrition	339 SW Century Dr #201, Bend, OR 97702	<a href="https://rubyhealthandwellness.com/">https://rubyhealthandwellness.com/</a>	541-497-3885	Accepts most major health insurance
Lindsey Kelly RDN, LD	Synergy Health	Bend	Dietician, All Ages, Eating disorders, disordered eating, diabetes, general nutrition	361 NE Franklin Ave building c, Bend, OR 97701	<a href="https://www.synergyhealthbend.com/">https://www.synergyhealthbend.com/</a>	541-323-3488	In network with all insurances in state of Oregon
Abby Douglas, RDN, LD	Synergy Health	Bend	Dietician, All Ages, Health at Every Size, Eating disorders, disordered eating, diabetes, general nutrition	361 NE Franklin Ave building c, Bend, OR 97701	<a href="https://www.synergyhealthbend.com/">https://www.synergyhealthbend.com/</a>	541-323-3488	In network with all insurances in state of Oregon
Shift Functional Medicine	Shift Functional Medicine	Bend	Functional Medicine and Holistic Primary Care	151 SW Shevlin Hixon Drive, Ste 201, Bend Or 97702	<a href="https://shiftfunctionalmed.com/services/">https://shiftfunctionalmed.com/services/</a>	541-213-2265	BCBS, Aetna, Moda, Providence; Pacific Source, Cigna fax referral to 541-598-3437 or call Nutrition and Diabetes Department 541-706-3752, Accepts most insurance
Frankie Mauti MS, RDN, LD, CDE	St. Charles Family Care	Bend	All Ages, Eating disorders, diabetes, other	2500 NE Neff Rd, Bend OR 97701	<a href="https://www.stcharleshealthcare.org/providers/frankie-ann-mauti-ms-rdn-ld-cde">https://www.stcharleshealthcare.org/providers/frankie-ann-mauti-ms-rdn-ld-cde</a>	541-706-3752	fax referral to 541-598-3437 or call Nutrition and Diabetes Department 541-706-3752, Accepts most insurance
Rebekah Favia, MS, RDN, LD	St. Charles Family Care	Redmond	All ages, I work alongside Abby Haeg and Frankie Mauti who specialize in eating disorders	1253 Northwest Canal Boulevard, Redmond, OR 97756	<a href="https://www.stcharleshealthcare.org/providers/rebekah-favia-ms-rd-ld">https://www.stcharleshealthcare.org/providers/rebekah-favia-ms-rd-ld</a>	541-548-8131	Accepts most insurance
Dr. Laurie Grisez, ND	Blue Star Naturopathic Clinic	Bend	All Ages, Naturopathic Physician, Also has Dr. Rob Skarperud, ND, MS	25 NW Louisiana Ave, Ste 100, Bend, OR 97703	<a href="http://www.bluestarclinic.com">www.bluestarclinic.com</a>	541-389-6935	most all insurances including OHP
Abby Haeg, Registered Dietitian	St. Charles Family Care	Bend	12+, Eating disorders, diabetes, other	235 SE Davis Ave, Bend OR 97702	<a href="https://www.stcharleshealthcare.org/providers/frankie-ann-mauti-ms-rdn-ld-cde">https://www.stcharleshealthcare.org/providers/frankie-ann-mauti-ms-rdn-ld-cde</a>		

Pediatrics—All kinds of nutrition concerns —lots of extremely picky eaters, (budding eating disorders), oral motor feeding concerns, Developmental disabilities, including tube feeding, child diabetes and pre-diabetes

most insurance accepted, works closely with Dr Beard-Irvine who offers house calls

Lori Brizee RDN, CDCES      Erika Beard-Irvine Pediatrics      Bend      403 NE Revere Ave, Bend OR 97701      <https://www.drerikabeardirvine/>      541-241-6371

## Treatment Centers

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Name of Clinic	Location	Population	Address	Email/Website	Phone	Notes
Kartini Clinic	Portland	IOP and PHP in person. Outpatient virtual. Inpatient at Randall's Children's. Housing at Ronald McDonald House.	3530 N Vancouver Ave #400, Portland, OR 97227	<a href="https://www.kartiniclinic.com/">https://www.kartiniclinic.com/</a>	971-319-6800	Intensive outpatient, Partial Hospitalization, and day treatment options.
Providence	Portland	12+, IOP and PHP virtual. Patients coming in 2-3x weekly for vitals and weights. C&A psychiatry seeing in person, and adult psychiatry mainly virtual. Housing available. IOP and PHP fully virtual in Oregon. RTC still in person outside Oregon. Virtual support groups.	9450 SW Barnes Road, Ste 200, Portland, OR	<a href="https://oregon.providence.org">https://oregon.providence.org</a>	503-574-9242	
Center for Discovery	Portland	12+, IOP and PHP virtual. Patients coming in 2-3x weekly for vitals and weights. C&A psychiatry seeing in person, and adult psychiatry mainly virtual. Housing available. IOP and PHP fully virtual in Oregon. RTC still in person outside Oregon. Virtual support groups.	13221 SW 68th Parkway, Portland, OR	<a href="https://centerfordiscovery.com/locations/portland/">https://centerfordiscovery.com/locations/portland/</a>	866.841.5166	
Eating Recovery Center	Online	8+, IOP is fully virtual. VIOP expanding to more states. PHP is available virtual for medically appropriate patients. PHP in person still available and housing still available for patients and loved ones. RTC and IP still available in person. 24 hour medical staff. Virtual support groups	ONLINE	<a href="https://www.eatingrecoverycenter.com/">https://www.eatingrecoverycenter.com/</a>		Accepts most insurance
Portland DBT Institute	Portland/Salem	17+, Outpatient and IOP virtual. Patients meet with nurse practitioner virtually weekly. Patients doing at home weights and vitals. Virtual EST group available. ICU for eating disorders. Typical BMI 6-14. Partnered with Angel Med Flight for transportation when medical necessity.	5200 S Macadam Ave, Portland, OR 454 17th St NE, Salem, OR	<a href="https://www.pdbti.org/">https://www.pdbti.org/</a>	503-231-7854	
Denver ACUTE	Denver, CO	Admissions 24/7. 18+, Residential (onsite, inperson), Partial Hospitalization, IOP	777 Bannock St, Denver, CO	<a href="https://www.denverhealth.org/services/acute-center-for-eating-disorders">https://www.denverhealth.org/services/acute-center-for-eating-disorders</a>	877-228-8348	
Monte Nido Rain Rock	Eugene, OR	18+, Day treatment	41496 McKenzie Hwy, Springfield, OR 97478	<a href="https://www.montenido.com/locations/eugene-or/">https://www.montenido.com/locations/eugene-or/</a>	888-826-2630	
Monte Nido Portland	Portland	18+, Day treatment	5550 S Macadam Ave #100, Portland, OR	<a href="https://www.montenido.com/locations/portland-or/">https://www.montenido.com/locations/portland-or/</a>	888-826-2630	
Clementine Portland	Portland	12-17, Female Only, Residential	1148 South, Rosemont Rd, West Linn, OR	<a href="https://clementineprograms.com/program-locations/portland/">https://clementineprograms.com/program-locations/portland/</a>	866-784-9358	