

# Deschutes County Health Services

## COVID-19 Public Health Update

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Director of Public Health

Molly Wells Darling  
Incident Commander

Emily Freeland  
Operations Section Chief



BoCC meeting | May 12, 2021



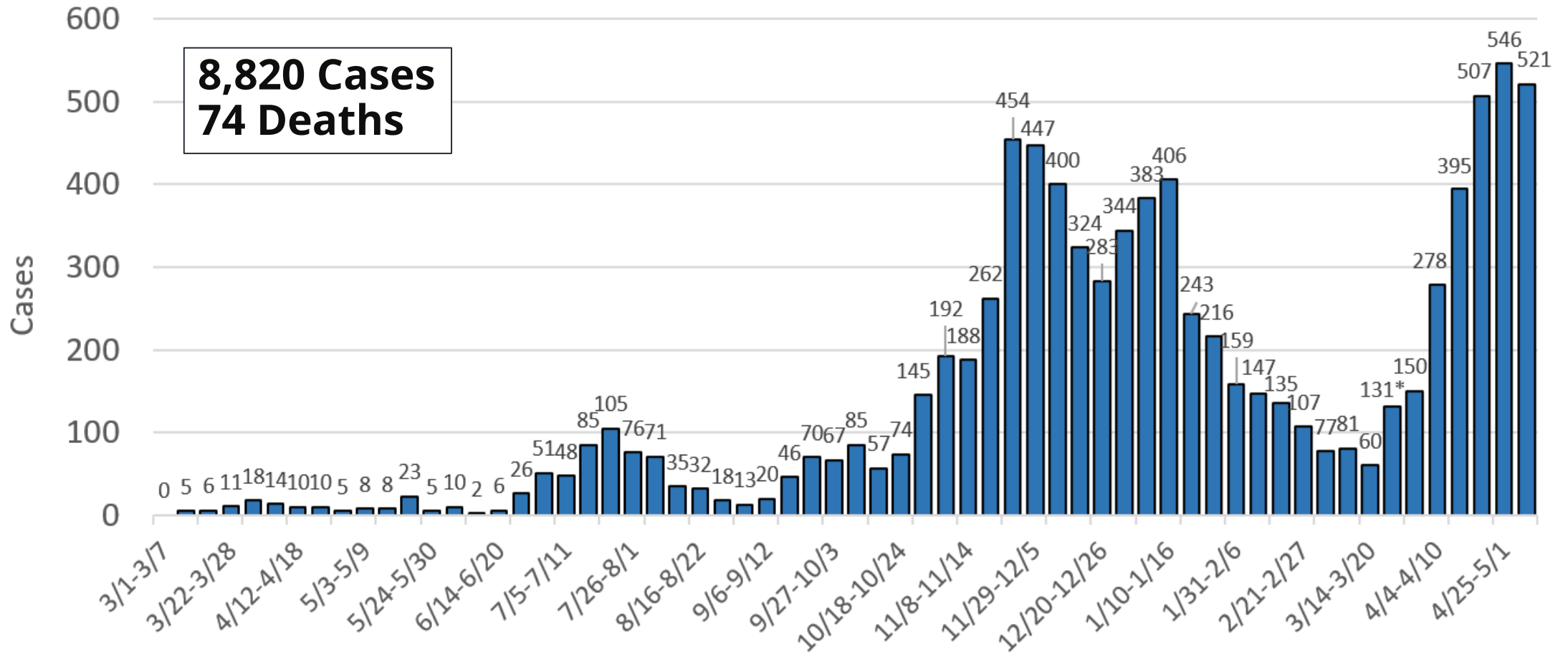
**I GOT**  
**THE**  
**SHOT**



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**it's your turn:** available now at pharmacies,  
primary care clinics & pop-up clinics

# COVID-19 Case Counts by Week



Data for this week is not yet shown. Data are shown based on the date a case first became identified as a case.

Data is subject to change



# COVID-19 Cases Remain High

Similar to what we've seen:

Not wearing a mask – Social gatherings – Afterschool activities/ carpooling – Travel

**We can prevent this:**

- ✓ **Wear a mask**
- ✓ **Socialize outdoors**
- ✓ **Keep some distance**

# Vaccinate & Test



# free COVID-19 testing

Downtown Bend  
Thursdays in May  
9 a.m. to 2 p.m.

[www.deschutes.org/covidtesting](http://www.deschutes.org/covidtesting)

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# COVID-19 vs. Allergies

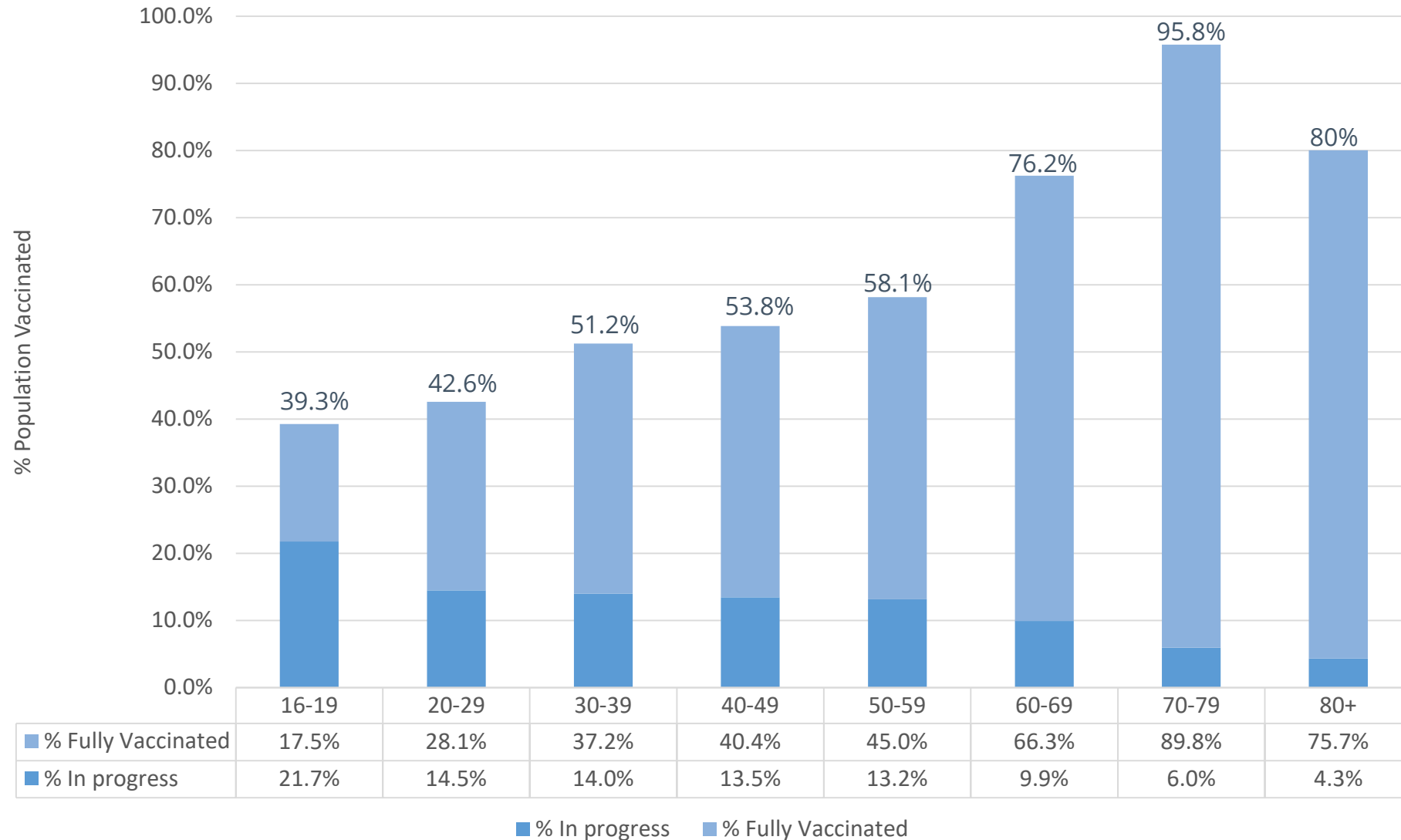
	COVID-19	Allergies
 Common	Fever or chills	
	Cough	
	Body aches	
	Headaches	
 Less Common	Tiredness	
	Loss of taste or smell	
	Shortness of breath	 *
 Not Common	Sore throat	
	Sneezing	
	Itchy or watery eyes	
	Runny or stuffy nose	
		

\*Seasonal allergies do not usually cause shortness of breath, unless a person has a respiratory condition such as asthma that can be triggered by pollen.



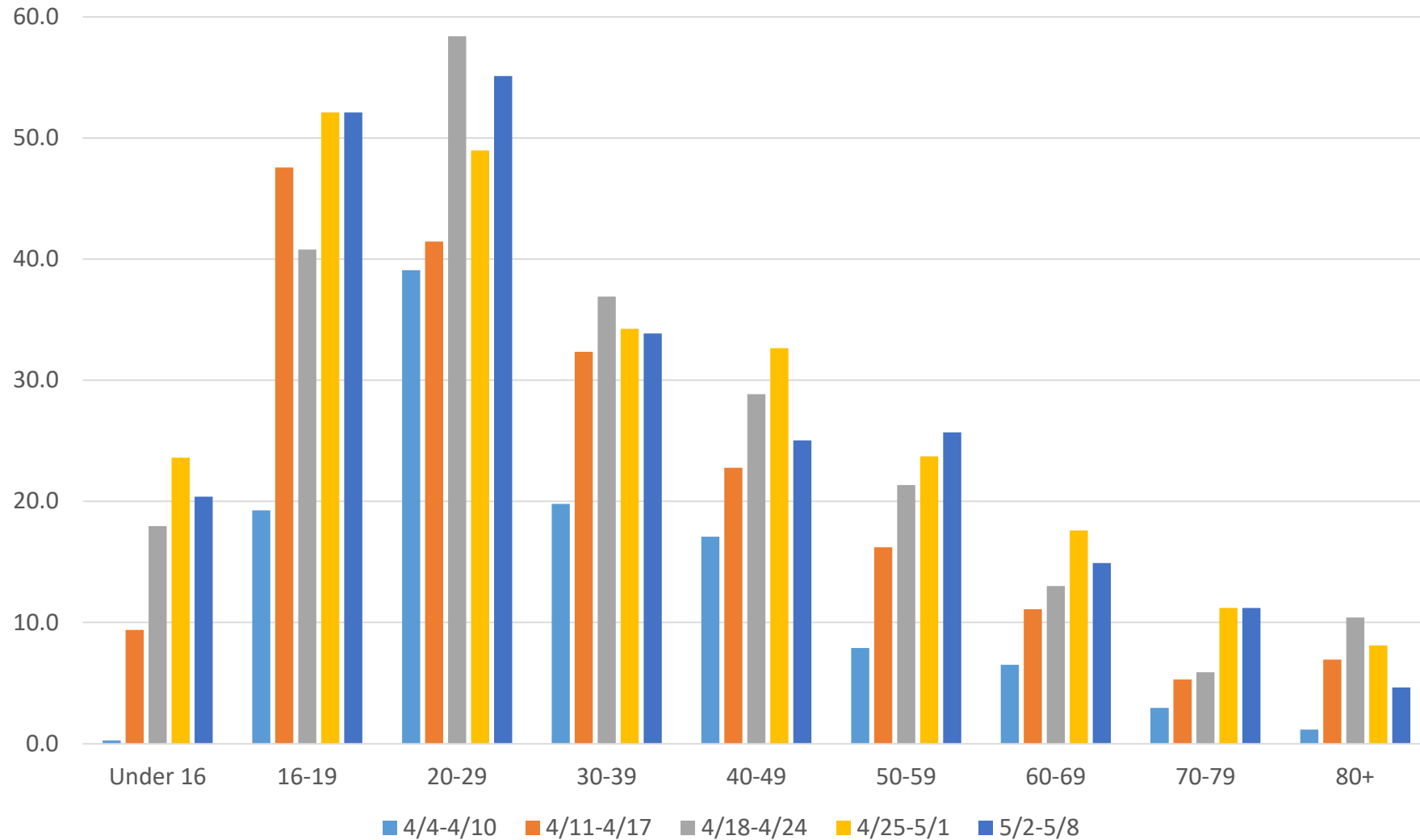
[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

# COVID-19 Vaccinations by Age Group





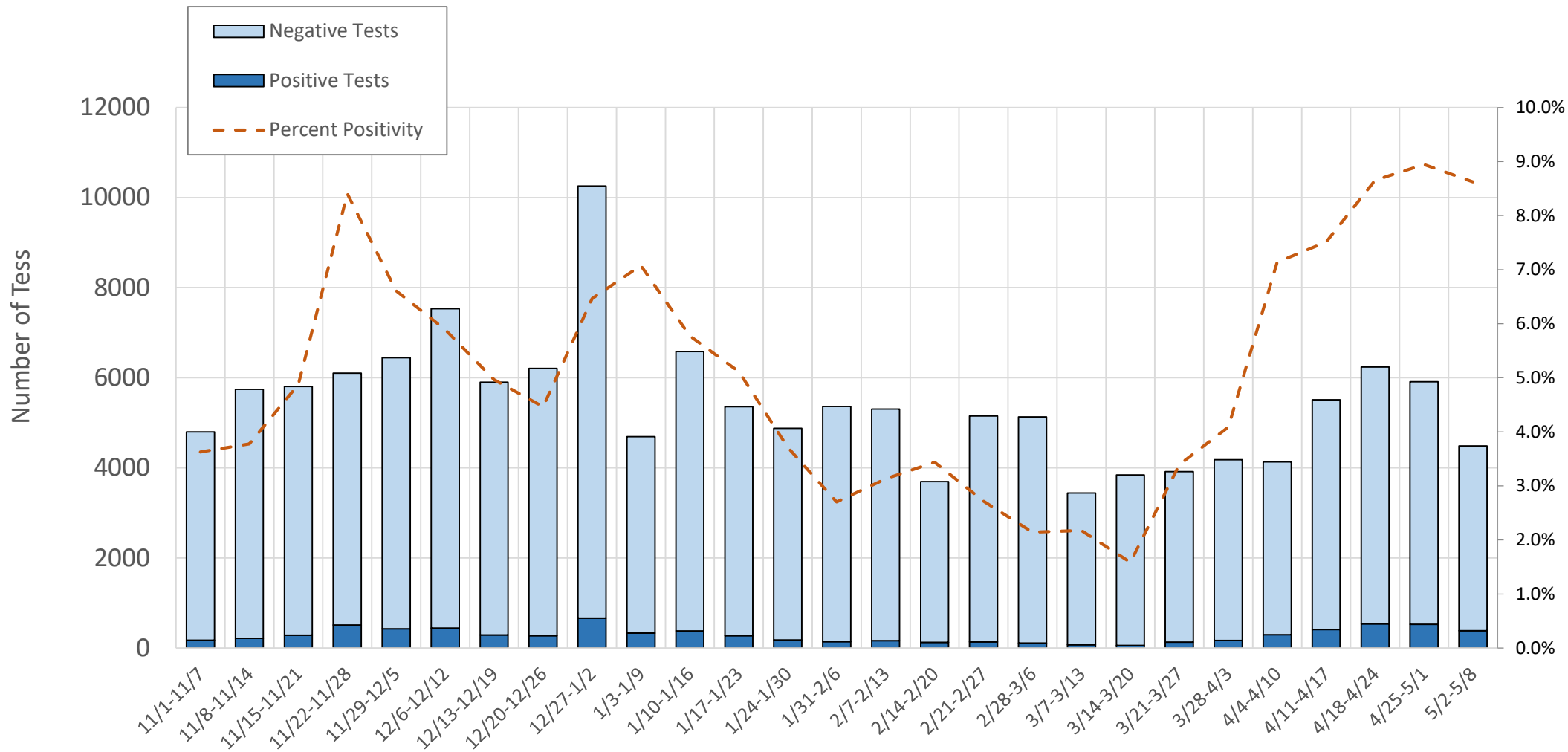
# COVID-19 Weekly Case Rates by Age Group



Case rates per 10,000 population



# COVID-19 Test Results by Week



# don't delay test today

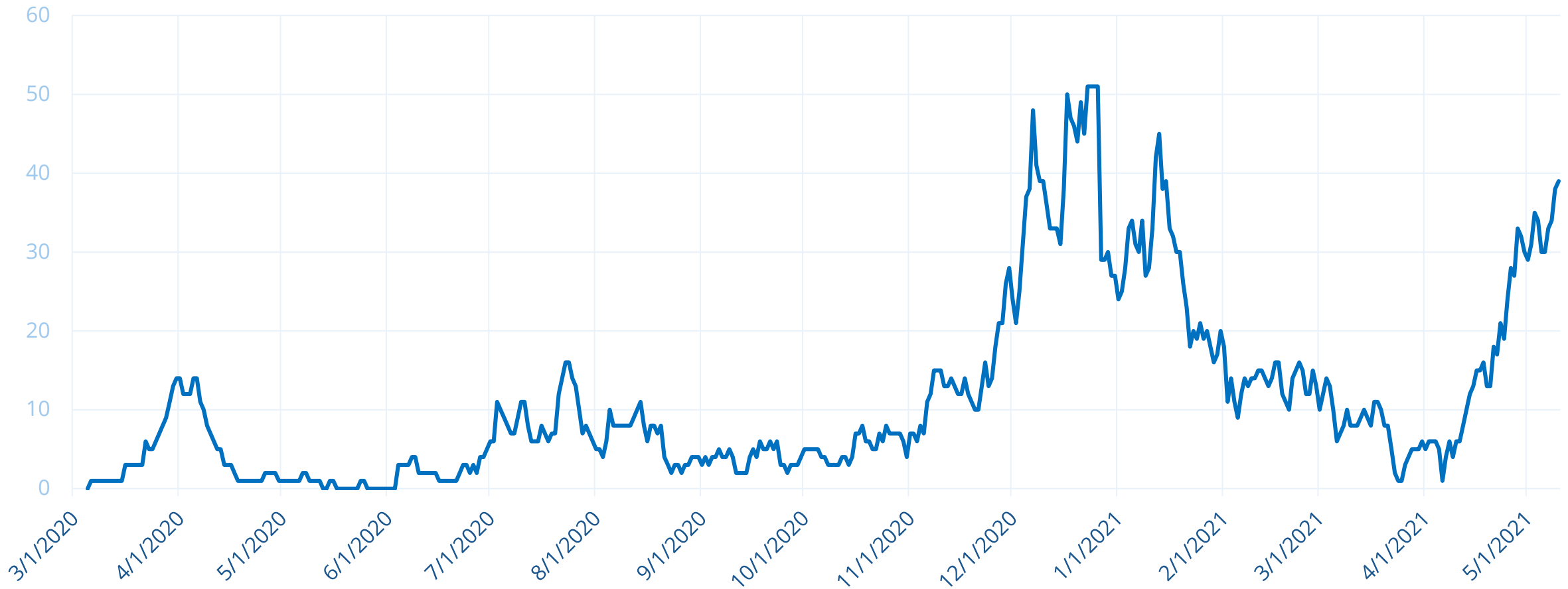
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if you're around someone who tests  
positive, get your test 6 to 9 days later

[www.deschutes.org/covidtesting](http://www.deschutes.org/covidtesting)

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# COVID-19 Daily Hospitalization Counts



Data Provided by St. Charles Health System



Week ending 5/8/21

# Reopening & risk levels

Beginning May 21, counties eligible for option to move to Lower Risk when:

- 65% of county residents 16 and older receive first dose
- Submit plan to close vaccine equity gaps

Most restrictions to be lifted statewide when 70% of Oregonians 16 and older receive first dose.







# VACCINATION OPTIONS

- ✓ free
- ✓ no insurance required
- ✓ no id required

[www.centraloregoncovidvaccine.com](http://www.centraloregoncovidvaccine.com)



St. Charles

New and current patients

[Schedule!](#)



Mosaic

New and current patients

[Schedule!](#)



High Lakes

Current patients only

[Schedule!](#)



Summit Health

Current patients only

[Schedule!](#)



Family Choice  
Urgent Care

Current and new patients

[Schedule!](#)



La Pine  
Community  
Health Center

[Schedule!](#)



Deschutes Co

Check out Deschutes  
County's pop-up clinics!

[Learn more!](#)



Crook Co

Crook County is hosting  
some great pop-up clinics.

[Schedule!](#)

Jefferson County



Public Health

Jefferson Co

What's available in Jefferson  
County?

[Schedule!](#)



Vaccines.gov

Check out the CDC's vaccine  
locator tool.

[Search](#)



Pharmacies

Local pharmacies are  
administering COVID vaccines.

[Find one near you](#)

# Second Dose Walk-in Clinics



**Bring your vaccine card**

**OR**

First dose at fairgrounds

**Pfizer:** 21 days or more from 1<sup>st</sup> dose

**Moderna:** 28 days or more from 1<sup>st</sup> dose



# Partnering with Frontline Businesses

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## Vaccination clinics

We can help host pop-up clinics for local businesses.

## Incentivize

Encourage employees to be vaccinated through incentives.

## Share information

Help us spread the word about how to easily access vaccines, safety and efficacy.

*Need support to promote vaccinations?*

*Request resources by emailing [healthservices@deschutes.org](mailto:healthservices@deschutes.org).*



# Second-dose walk-in clinic hours

May 13	8:30 – 10:30 a.m.	2 <sup>nd</sup> dose	<b>Moderna</b>
May 14	8:30 a.m. – 4:30 p.m.	2 <sup>nd</sup> dose	<b>Pfizer</b>
May 15	8:30 – 10:30 a.m.	2 <sup>nd</sup> dose	<b>Pfizer</b>
May 21	3:30 – 6:30 p.m.	2 <sup>nd</sup> dose	<b>Pfizer</b>
May 22	8:30 a.m. – 1:30 p.m.	2 <sup>nd</sup> dose	<b>Pfizer</b>



# Help with questions



## **Frequently Asked Questions**

[www.deschutes.org/covid19vaccine](http://www.deschutes.org/covid19vaccine)

## **Email assistance**

[healthservices@deschutes.org](mailto:healthservices@deschutes.org)

## **COVID-19 Vaccine Hotline**

541-699-5109



# Extra

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# Second-dose vaccines

Mass Vaccine Clinic –



# Vaccines in more places

Long-term sustainable COVID-19 vaccine availability

Vaccines available through

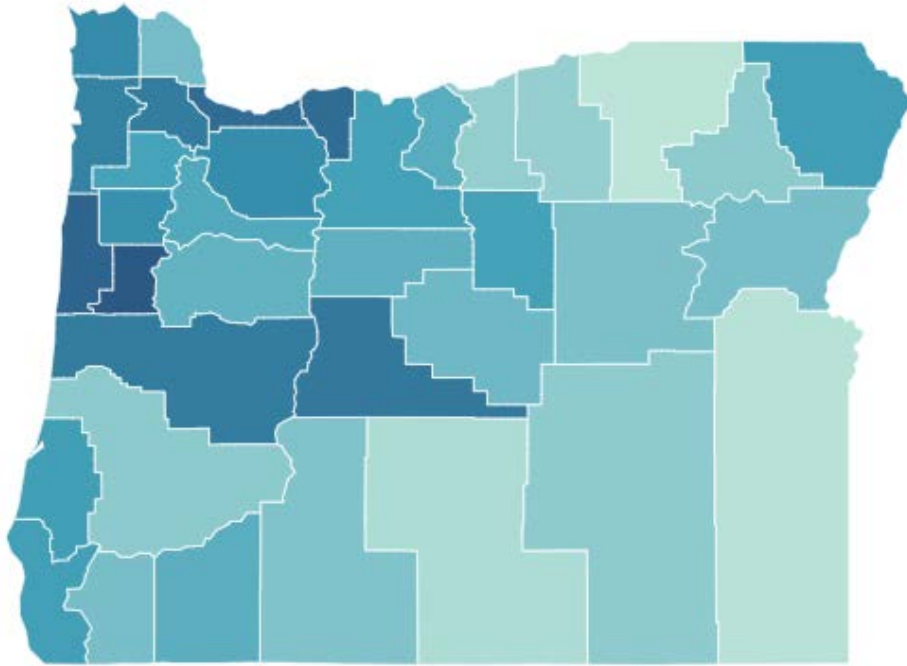
- ✓ Pharmacies, Select Doctors offices, Pop up clinics

**Vaccines are free, Insurance not required,  
Identification not required**



# COVID-19 Vaccinations in Deschutes County

Vaccination Rates per 10,000 population, by county of residence\*



People vaccinated per 10,000: lighter colors represent counties with lower vaccination rates, while darker colors represent counties with higher vaccination rates.

People with vaccination series in progress	19,521
People fully vaccinated	78,418
Total people vaccinated*	97,939
Total people vaccinated per 10,000 population*	4,971

\*Includes people with vaccination series in progress or fully vaccinated



# Recovery from COVID-19 can take a long time, even in young adults with no chronic conditions



**1 in 5**

**previously healthy young adults\* weren't back to usual health 14-21 days after testing positive**

\*ages 18-34  
Random sample of adult outpatients with COVID-19 from 14 U.S. academic health care systems

## To stay well and protect others...



Stay 6 feet away from others not living in your household



Wash hands often



Wear face coverings consistently and correctly in public

# Why are COVID-19 cases in Oregon rising?

Along with increased social gatherings without face coverings, **more transmissible variants are in Oregon.**



Variants of concern have **mutations** in the virus genome that **cause the virus to act differently.**



**One variant, B.1.1.7, has now become the dominant variant in Oregon statewide.** B.1.1.7 is 50% more transmissible and may cause more severe disease.



The good news is that it appears that **COVID-19 vaccines are effective against variant B.1.1.7.**



# Real-world data show vaccination\* **reduced the risk** for COVID-19 hospitalization among adults 65 and older†

Vaccination is a critical tool to **reduce severe COVID-19** in adults 65 and older



\* Receipt of Pfizer-BioNTech or Moderna 2-dose vaccine series

† Patients enrolled from 24 U.S. hospitals in 14 states



# Choosing Safer Activities

	Unvaccinated People	Your Activity	Fully Vaccinated People
		<b>Outdoor</b>	
Safest		Walk, run, or bike outdoors with members of your household	
		Attend a small, outdoor gathering with fully vaccinated family and friends	
		Attend a small, outdoor gathering with fully vaccinated and unvaccinated people	
Less Safe		Dine at an outdoor restaurant with friends from multiple households	
Least Safe		Attend a crowded, outdoor event, like a live performance, parade, or sports event	
		<b>Indoor</b>	
Less Safe		Visit a barber or hair salon	
		Go to an uncrowded, indoor shopping center or museum	
		Ride public transport with limited occupancy	
		Attend a small, indoor gathering of fully vaccinated and unvaccinated people from multiple households	
Least Safe		Go to an indoor movie theater	
		Attend a full-capacity worship service	
		Sing in an indoor chorus	
		Eat at an indoor restaurant or bar	
		Participate in an indoor, high intensity exercise class	

## Get a COVID-19 vaccine



**Prevention measures not needed**



**Take prevention measures**

Fully vaccinated people: wear a mask  
Unvaccinated people: wear a mask, stay 6 feet apart, and wash your hands.

- Safety levels assume the recommended prevention measures are followed, both by the individual and the venue (if applicable).
- CDC cannot provide the specific risk level for every activity in every community. It is important to consider your own personal situation and the risk to you, your family, and your community before venturing out.

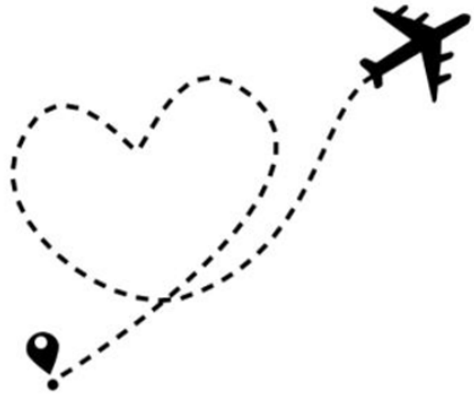
# Extreme Risk

## Summary of changes:

- No indoor dining – outdoor dining allowed
- Reduced retail capacity
- Reduced indoor fitness and recreation facility capacity
- Require remote work, if able
- Outdoor visitation at long-term care facilities only



# Perks of being fully vaccinated



<b>NO QUARANTINE</b>	<ul style="list-style-type: none"><li>• if exposed to someone with COVID-19</li><li>• after any travel, both domestic and international</li></ul>
<b>NO TESTING</b>	<ul style="list-style-type: none"><li>• if exposed to someone with COVID-19 and are asymptomatic</li><li>• before leaving the United States for international travel (unless required by the destination)</li></ul>
<b>REFRAIN FROM WEARING A MASK</b>	<ul style="list-style-type: none"><li>• while visiting indoors with other fully vaccinated people or with unvaccinated people from a single household who are at low risk for severe COVID-19</li><li>• while participating in outdoor activities and recreation, except in certain crowded settings and venues</li></ul>



# COVID-19 VACCINE CURRENT COMPARISONS



## PFIZER

Type: Messenger RNA

2 shots  
21 days apart

For those age 16  
years and older

95% effective against  
COVID-19 infection  
after both shots

100% effective  
against death from  
COVID-19

## MODERNA

Type: Messenger RNA

2 shots  
28 days apart

For those age 18  
years and older

95% effective against  
COVID-19 infection  
after both shots

100% effective  
against death from  
COVID-19

## J&J

(JOHNSON & JOHNSON)

Type: Viral vector

1 shot

For those age 18  
years and older

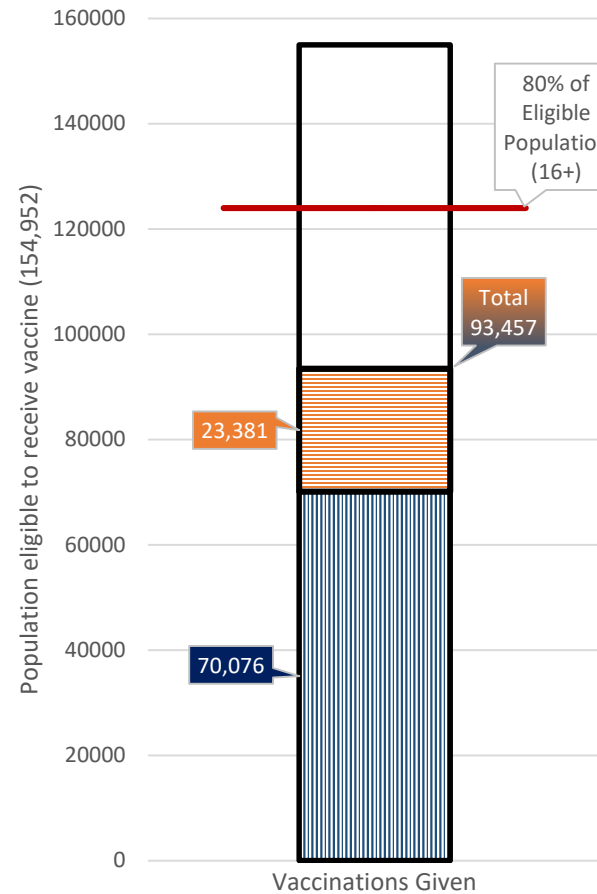
66% effective against  
COVID-19 infection

100% effective  
against death from  
COVID-19

*Information from the CDC and FDA | As of March 25, 2021*

Warning about J&J (reproductive)

# Proportion of Population Vaccinated\*



- Unvaccinated
- Vaccination Series in Progress
- Fully Vaccinated

Data Source: Oregon Health Authority, 05/02/2021



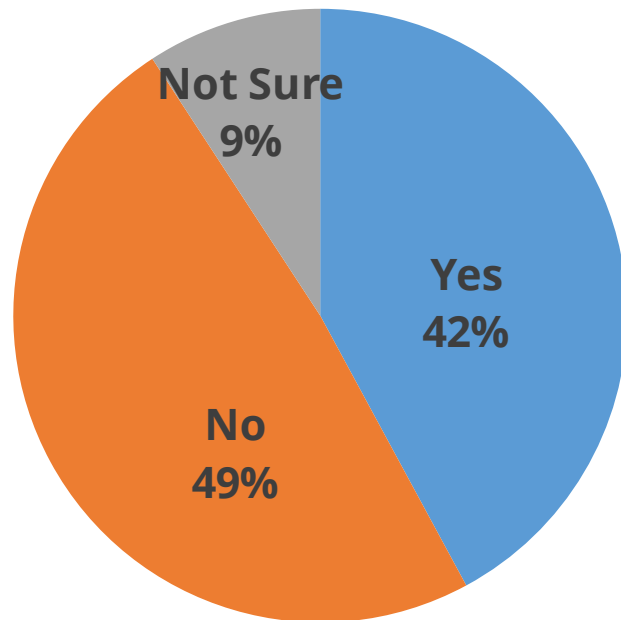
\*Estimation based on eligible vaccine candidates only

Data as of 5/2/2021

# What We Know About Those on the Fence

Nearly Half More Confident Than They Were 3 Months Ago

*Are you more likely to get a COVID-19 vaccine now than you were 3 months ago?*



Influential factors:

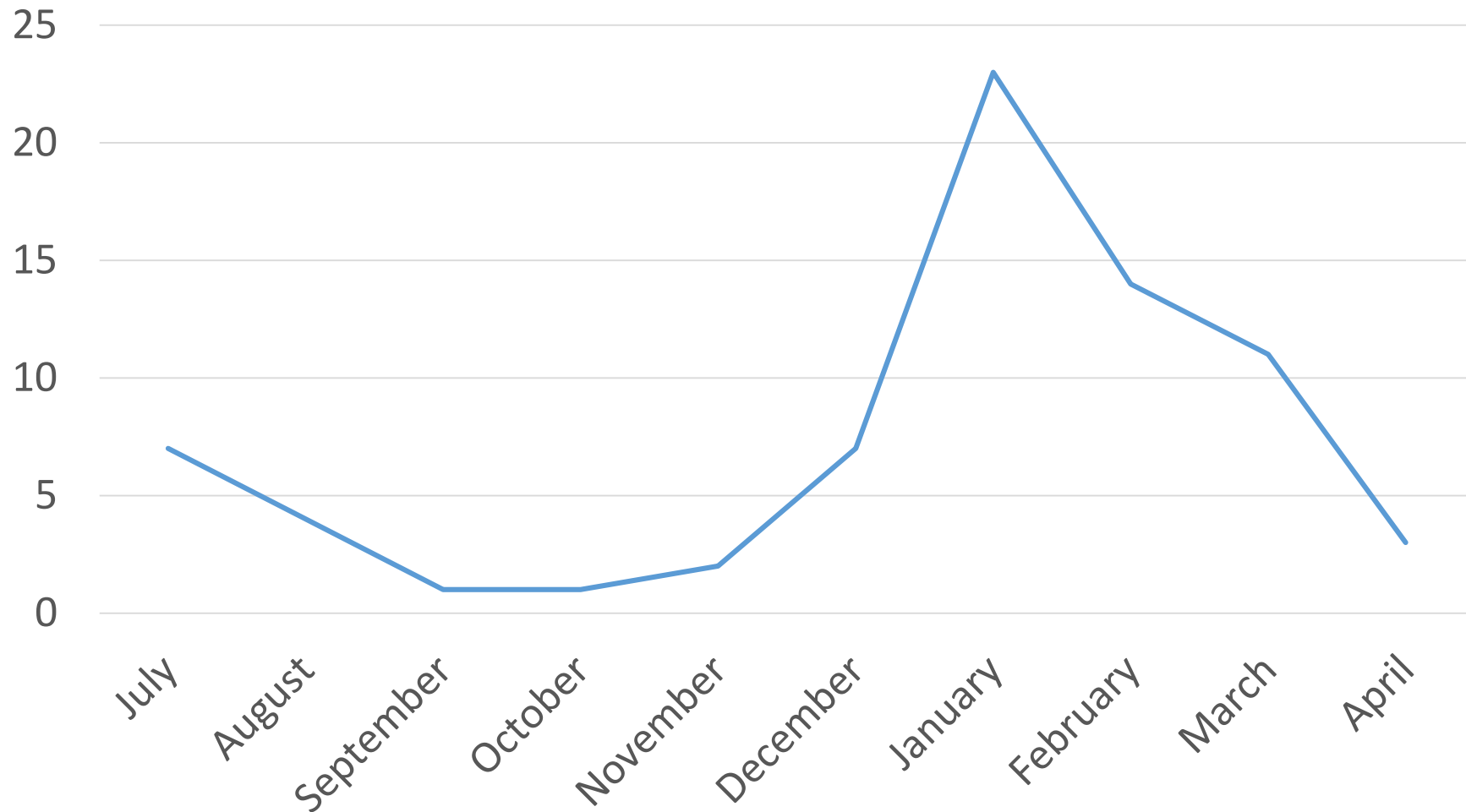
- Time
- Research
- Knowing vaccinated people
- Ease / convenience

Most concerned about unknown **long-term effects**





# COVID-19 deaths by month



# Moving down to high risk level

Effective Friday, May 7, Deschutes County will move from Extreme Risk Level to the High Risk Level. This means:

- Restaurants may have indoor dining at 25% occupancy (max 50) and up to 120 people outdoors
- Indoor fitness, recreation and entertainment may have 25% occupancy (max 50)
- Retail stores may have 50% occupancy
- Outdoor fitness, recreation and entertainment may have 15% occupancy



# Get Vaccinated

**Get back to doing  
the things you  
love,**

**With the people  
you love!**

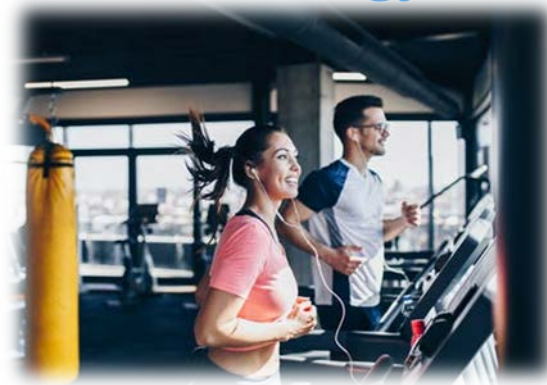
Dine out with friends



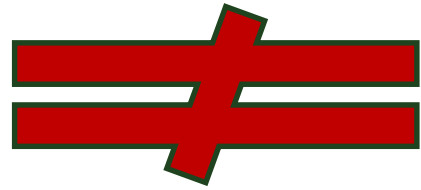
Have a birthday party



Go to the gym



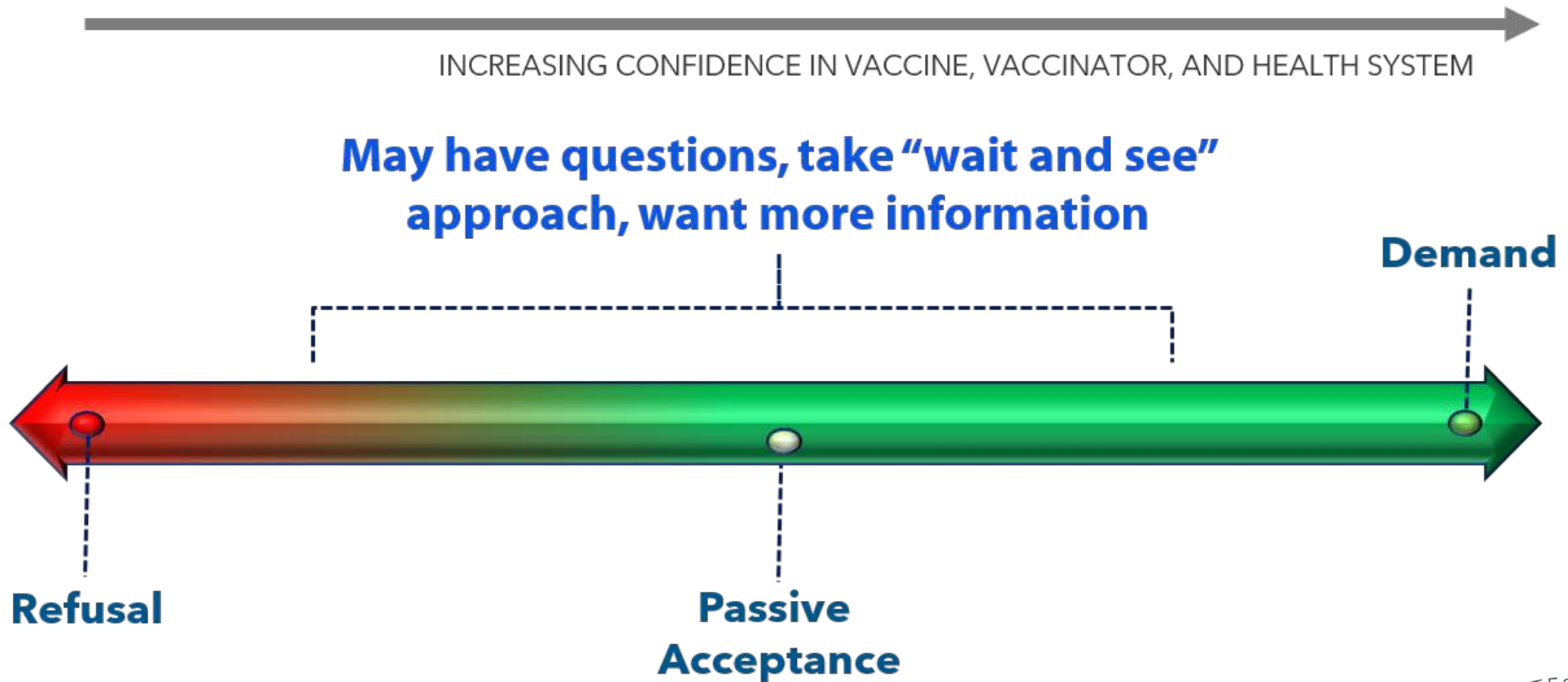
**Vaccines**



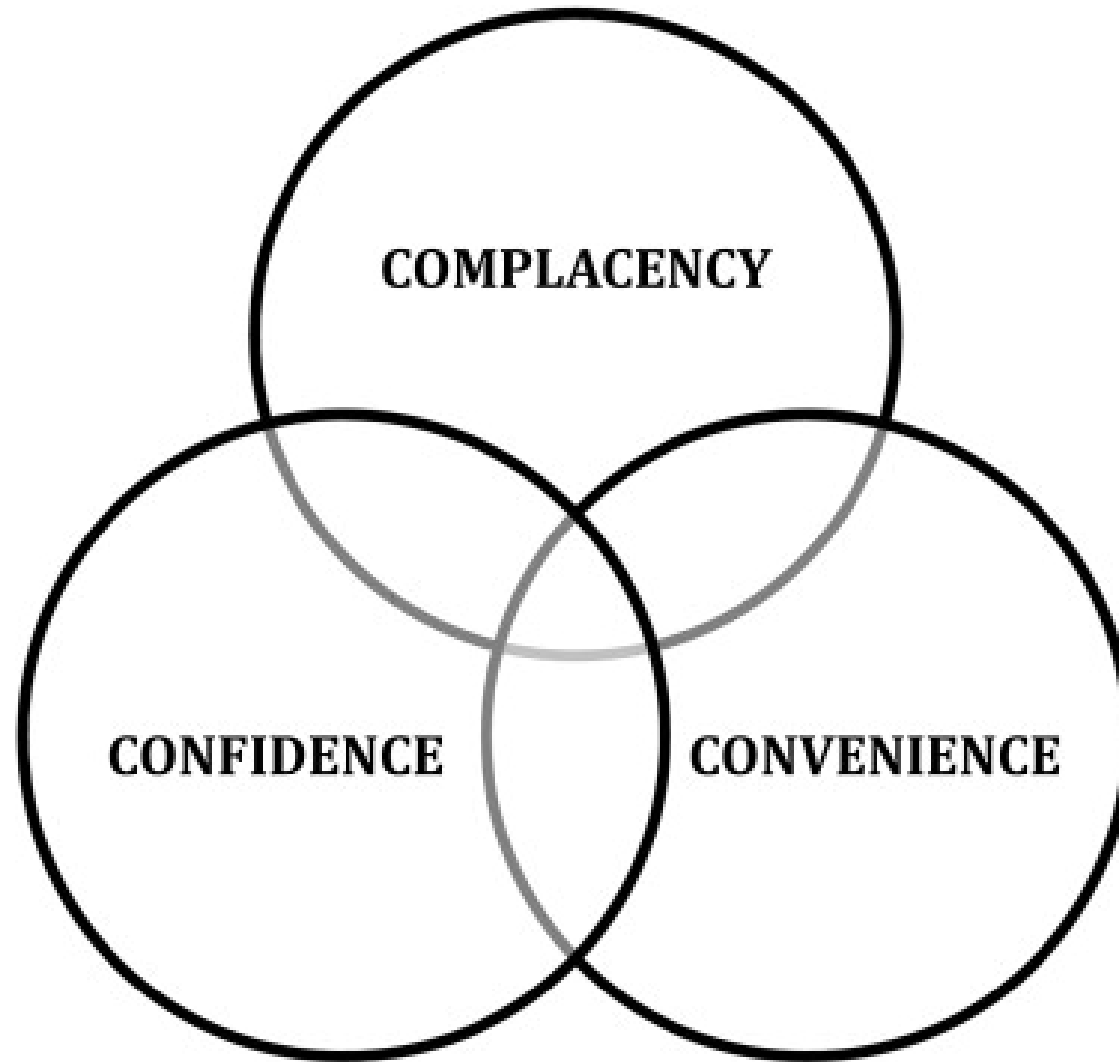
**Vaccination**



# The Continuum of Vaccine Hesitancy



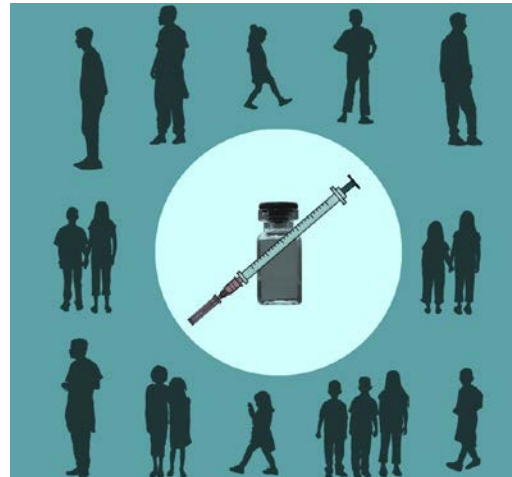
# Determinants of Vaccine Hesitancy



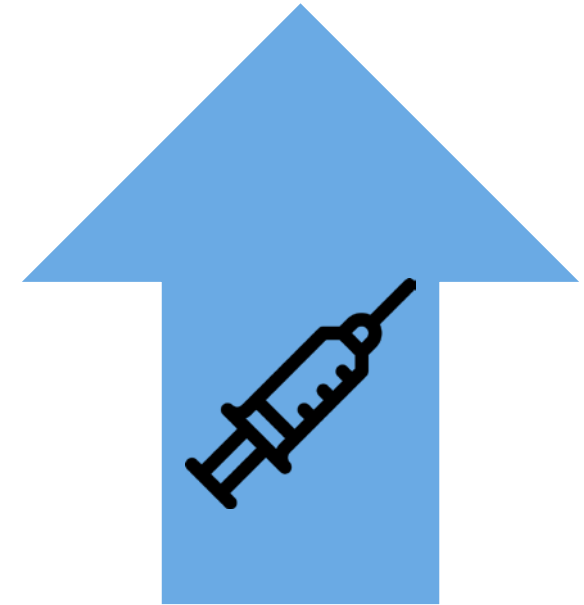
# Central Oregon Vaccine Confidence Coalition



Innovative,  
evidence-based  
and equity-  
informed  
strategies and  
interventions



Confidence  
Complacency  
Convenience



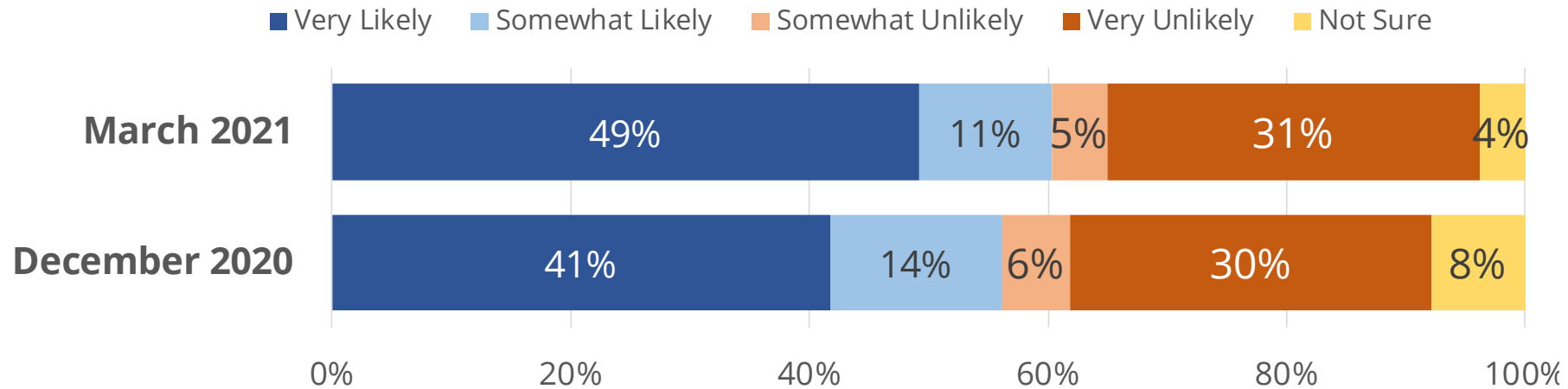
COVID Vaccine  
Uptake &  
Coverage





# What's We've Learned

Likelihood to get vaccinated has increased as more people have seen their friends and family members get vaccinated



Messages about **trust, family, and freedom** most impactful

**Health care providers** most trusted messengers



# What We Know About Vaccination Access

94%

Comfortable getting vaccinated in a **healthcare setting**



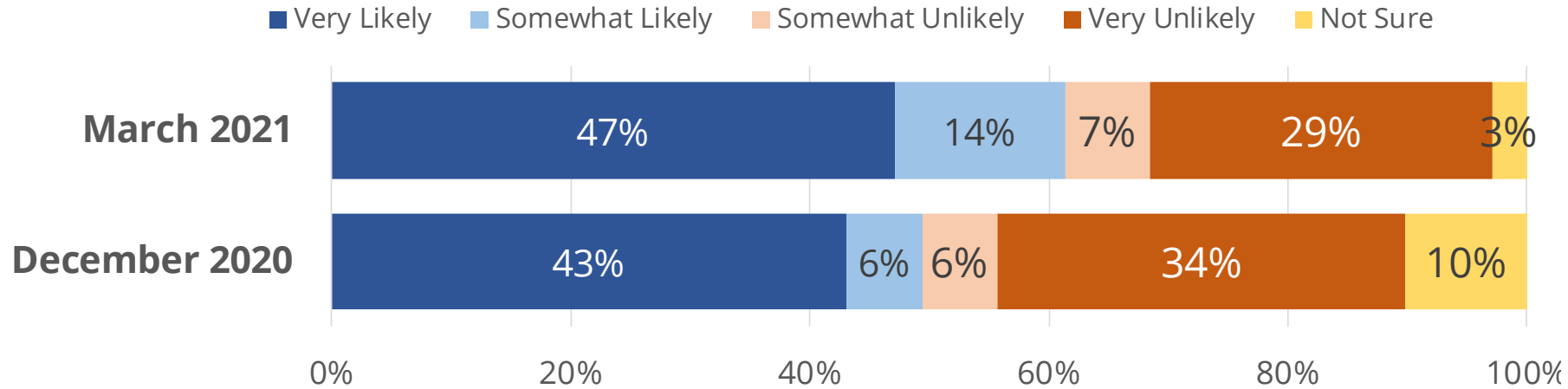
**Scheduling an appointment online**  
somewhat of a barrier

**Weekday & daytime**  
appointments preferred



# What We Know About Young Adults

Three in five 18-29 year olds are likely to get vaccinated



**Weekday & evening scheduling**



Comfortable with **pharmacy** vaccination



Many have had COVID-19

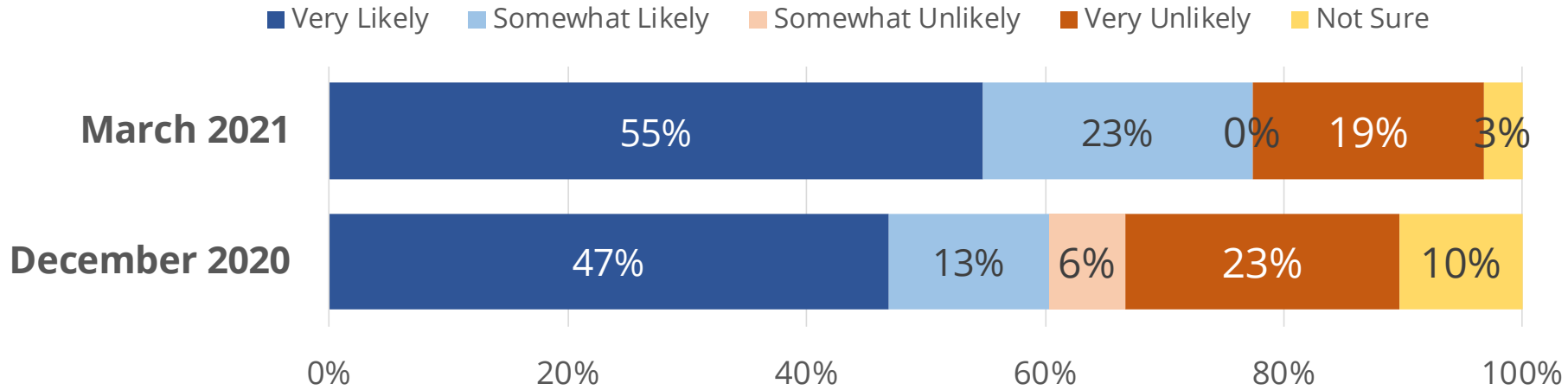


**Long-term concerns**



# What We Know About Hispanic/Latino(x) Adults

## Three in four Latino(x) respondents likely to get vaccinated



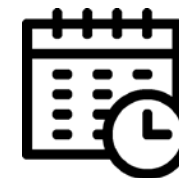
48%

More likely to get vaccinated than 3 months prior

Preference for mRNA vaccines



Weekdays & afternoons preferred



# Actions to Address Vaccine Confidence



**VACUNA**  
COVID-19  
**CHARLA**

Con nuestro invitado especial  
**Kim Montee, MD**  
Mosaic Medical  
Family Medicine  
M.D., Bachelors in Mathematics  
and Computer Sciences  
American Board of Family Medicine

**MARTES 26 DE ENERO** ¡Acompañenos en vivo!  
**6-7 PM**  
LCA- PAGINA DE FACEBOOK

Tambien con nosotros  
Jason Villanueva  
Community Health Worker III  
Clinica de Mosaic  
MODERADORA  
Milagros Aparicio  
LCA- Client Services Manager-Bend

Además hablaremos de:  
COVID-19  
• Exámenes GRATIS  
• Su impacto en latinos  
• ¡Sigamonos cuidando!

La Pine High School La Pine High School La Pine High School La Pine High School

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# Actions to Address Vaccine Confidence



appointments available. schedule your

# COVID-19 VACCINE

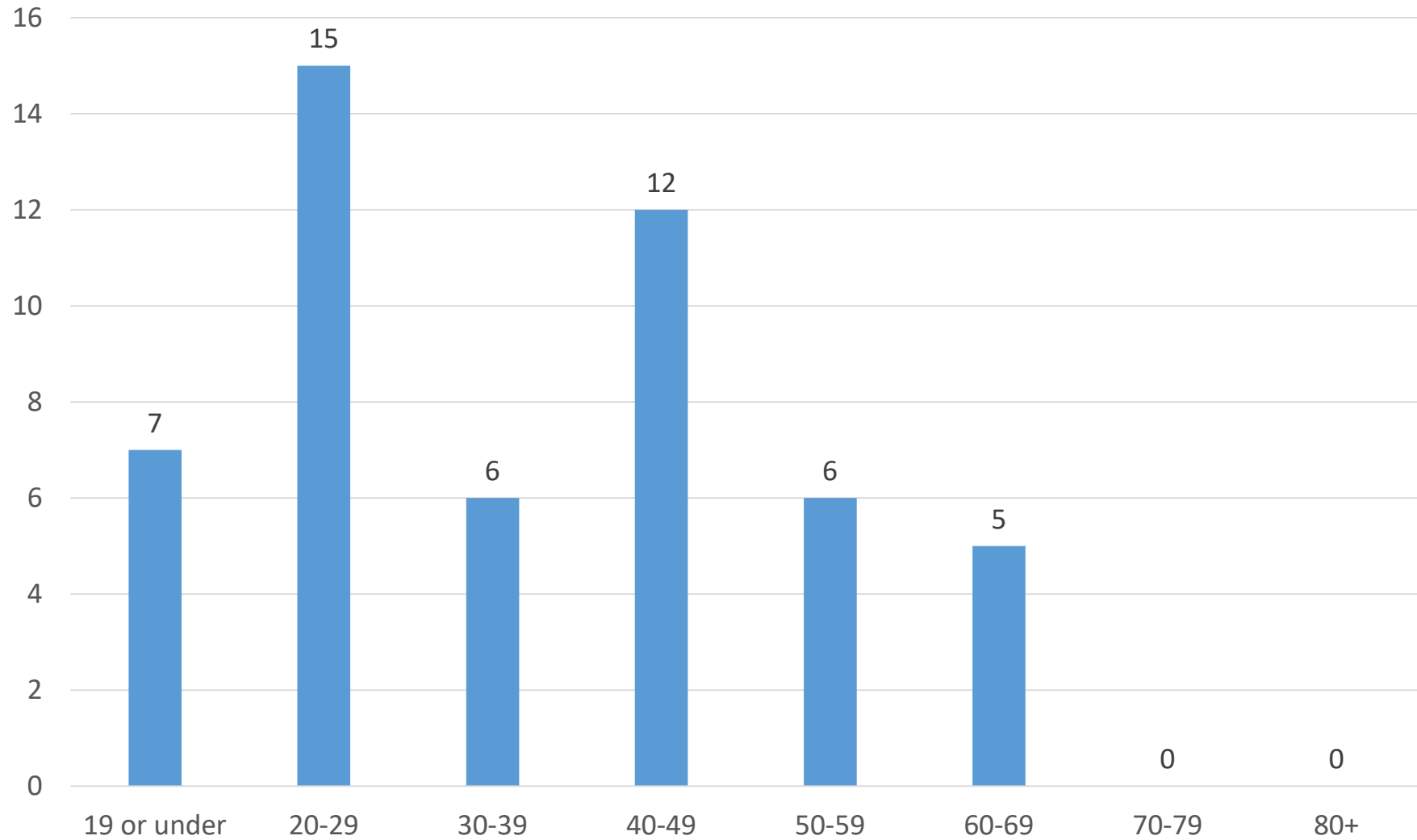
everyone 16 and older is eligible

[www.centraloregoncovidvaccine.com](http://www.centraloregoncovidvaccine.com)





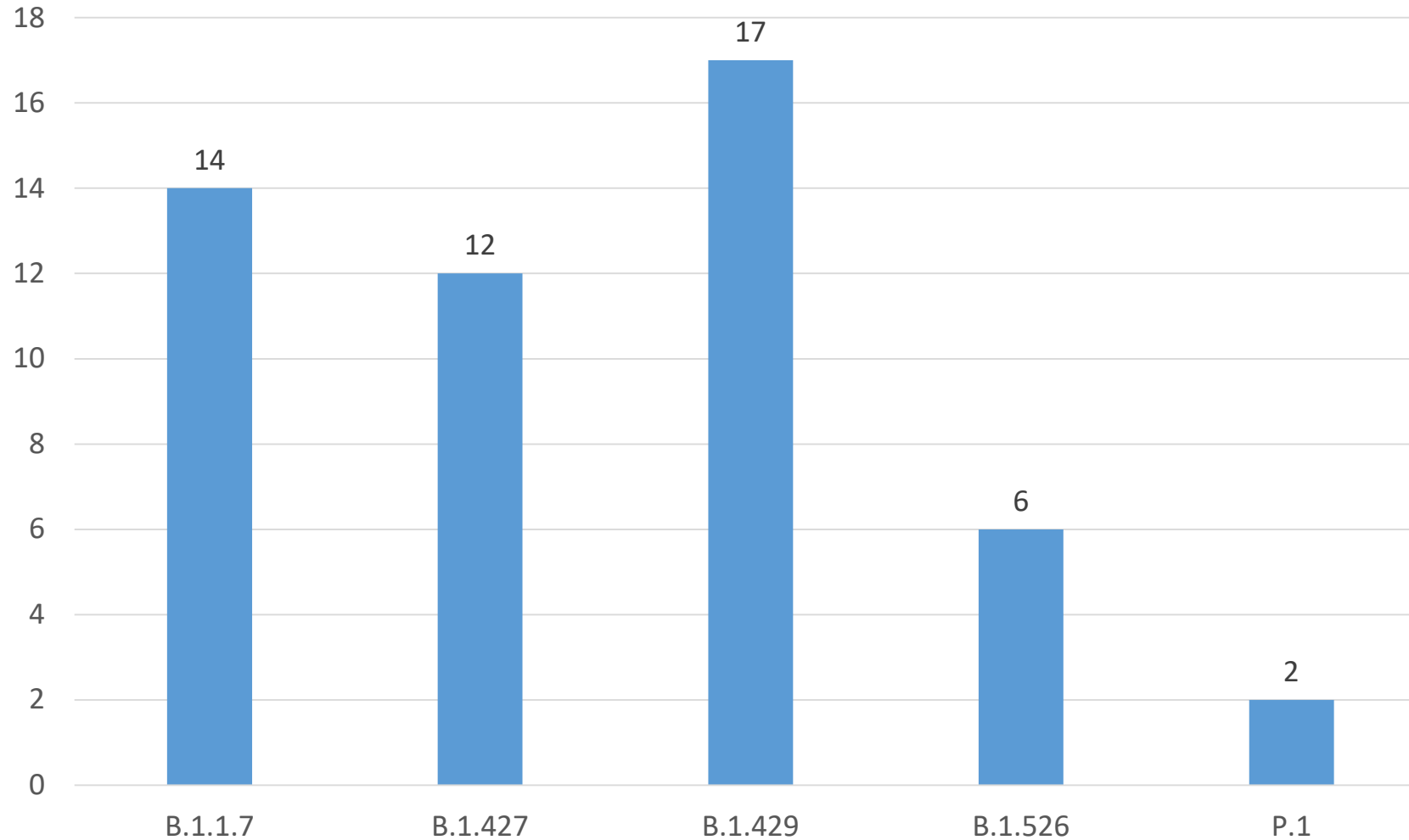
# COVID-19 Variants of Concern by Age



Data source: OPERA



# COVID-19 Variants of Concern



Data source: OPERA

