

Health Services



Young Adults in Transition (YAT)

The YAT team offers support and services for young adults, ages 14-24, who suffer from mental health and/or behavioral challenges.

The YAT program is able to serve young people who may not meet the strict criteria required for admission to other mental and behavioral health programs within our community.



Participants will play the biggest role in their own development and growth. Transitional treatment and intervention helps young adults to graduate school, continue education, establish, grow and maintain friendships, promote self discovery and independence, find and sustain meaningful employment, encourage positive home placement, live a healthy, positive life and become a confident and beneficial member of our community

Services Offered

Counseling, Family Support, Outreach and Education, Academic and Vocational Support, Group Meetings, Peer Support Network, Employment Support, Assistance with Adulthood Transition, Empowerment of Under-Supported Youth.

Charges and Fees

There are no fees for the YAT program, however services are billed to Oregon Health Plan (OHP) or private insurance when it is available.



Health Services
(541) 213-6851
1340 NW Wall St., Bend,
www.deschutes.org/health

To request this information in an alternate format, please call (541) 213-6851 or send an email to accessibility@deschutes.org.