

# **Stabilization Center**

Proudly providing mental health support and resources to those in our community in need of crisis stabilization.

## **Address**

63311 Jamison St. Bend, OR 97703

## Non-Emergency Office Line

(541) 585-7210

# 24-Hour Crisis Line

(541) 322-7500 ext. 9

# Fax:

(541) 585-7209

# Website

deschutes.org/dcsc

# What is the Stabilization Center?

The Deschutes County Stabilization Center (DCSC) serves children and adults who are in need of short-term, mental health crisis assessment and stabilization, but do not require the medical capabilities of an acute care hospital or longer-term residential care. The DCSC welcomes individuals to walk in when they experiencing a mental health crisis, or they can be referred by local law enforcement and other community partners.

The Stabilization Center provides a wide array of crisis services to community including: crisis walk-in appointments, adult respite services, Forensic Diversion Programs, peer support, and more.

# **Services Offered**

## 24-hour Crisis Phone Line

Available 24/7 to anyone who is experiencing a crisis or needs crisis support.

## Walk-in Crisis Services

Provides immediate access to a Master's level therapist for individuals experiencing a crisis. Open to people of all ages, regardless of ability to pay, in a safe and confidential environment. No appointment necessary. Brief stabilization.

## Mobile Crisis Assessment Team (MCAT)

24/7, 365 days a year team that provides crisis intervention services out in the community. MCAT responds when called by various community partners, including Law Enforcement, to assess individuals in the community who are experiencing a mental health crisis.

## **Co-Responder Program**

A Master's level mental health clinician is embedded within Bend Police Department's Community Response team. Clinician and officer respond together to mental health related calls for service. Peer Support services are available as well for follow-up and engagement.

# **Services Offered Continued**

### **Mental Health Court**

Voluntary diversion program in collaboration with the District Attorney's office with the goal of increasing access and engagement in treatment for persons with an eligible serious mental illness who have been charged with a crime.

#### **Civil Commitment Investigations**

A Certified Civil Commitment investigators caseload includes all individuals placed on a two physician involuntary hold and monitors all Civil Commitments that occur in Deschutes County.

#### Case Management

Liaisons with the hospital and with Brooks Respite for discharge planning, establishes crisis appointments, helps clients with basic needs and community resources.

#### **Peer Support**

Peer Support Specialists are individuals with lived life experience with mental health and/or substance use disorders who are in recovery. They offer support and encouragement to individuals struggling with a mental health condition.

#### **Forensic Diversion Program**

A team of Peer Support Specialists and Case Managers dedicated to supporting individuals with a Serious and Persistent Mental Illness who are frequently having contact with law enforcement and the criminal justice system.

#### Short-Term Respite Unit

A voluntary 5 recliner short-term respite unit for adults experiencing a mental health crisis. Provides a quiet and peaceful environment for individuals to stabilize and get connected to the appropriate community resources.

To qualify for Short-Term Respite, a crisis assessment is conducted and if additional time and stabilization is indicated, a determination will be made for admission to respite. Eligibility requires that the individual is:

- voluntary and willing to participate in the admission process.
- in need of mental health services and not aggressive or assaultive.

HEALTH SERVICES

BEHAVIORAL HEALTH

• mobile, communicative, and not known to have a major infection or disease in a communicable stage.

DCSC is a drug and weapon free facility. DCSC is not an emergency housing resource.



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