



What to know about **smoke** during **prescribed fire season**

Prescribed burning can bring smoky air to Central Oregon. The good news is, we know when these burns are happening so we can be prepared. This is the best time to prepare for wildfire season, when the smoke can show up without warning, and stick around for longer.



WHY DO WE CARE ABOUT SMOKE?

Wildfire smoke affects everyone's health. It is important for all of us to limit our exposure to smoke! Some people may have worse symptoms, including people with health conditions or over age 65

How to protect your health from smoke during prescribed burns

- Close your windows! Smoke may be worse overnight
- Talk to your health care team and make a plan if you have health conditions
- Keep indoor air as clean as possible
- Locate cleaner air spaces by calling 211
- The Air Quality Index (AQI) tells us when it is safe to be outdoors. Find the AQI for your area at www.fire.airnow.gov
- Be willing to change your plans to avoid smoke
- Wear an N95 mask for extreme smoke or long periods of time outside



Have questions? Need more info? Learn more at <https://centraloregonfire.org/protect-your-health/> or scan here:

