



My Premise Health Member Portal for the doc.



A secure online and mobile tool that puts your health information in your hands.

Healthcare is personal, it's all about you.

That's why the My Premise Health portal connects you with your healthcare experience by providing convenient access to your providers, health records, visit history, test results, and more.

Convenience

- Real-time appointment scheduling
- Receive appointment confirmations and reminders via email or text message
- eCheck-In to complete health information forms before you arrive for your appointment
- Fast Pass automatically alerts you if an earlier appointment becomes available

Health Management

- Access and track your lab results
- Request prescription refills
- Manage your health history and share it with other healthcare providers
- View your visit history – including visit date, provider, and summary of care
- Track your health and wellness goals

Call or visit your Deschutes Onsite
Clinic for more information.

1340 NW Wall Street, Bend
541-317-3189
mypremisehealth.com

Valuable Resources

- Quickly and easily find directions, hours, staff, and contact information
- Get to know your medical providers and clinic staff
- Access to health and wellness education

Secure communications

- Conveniently exchange private, secure messages with your providers
- Ask a question, get advice, confirm a result or get an update on your condition
- Get the answers you are looking for – directly and conveniently from your providers

Virtual Health

- Online and mobile video visits allow you to engage providers remotely
- eVisits offer treatment for common conditions via secure messaging – without the need for a face-to-face encounter

Activate Your Account:

Visit MyPremiseHealth.com
or download the My Premise Health app
and click “SIGN UP NOW”



Managing your healthcare just got easier.

 Real-time scheduling

 Virtual visits

 View lab results

 Complete forms

 Message providers

 Plus many more features

 Manage medications